



# Menus

Menus subject to change due to availability

## October 2017

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| 2<br><b>Breakfast:</b><br>Cereal or Yogurt with Graham Crackers<br><br><b>Lunch:</b><br>BBQ Chicken Wrap<br>Tater Tots<br>Peaches  | 3<br><b>Breakfast:</b><br>Sausage Biscuit<br><br><b>Lunch:</b><br>Beefy Nachos<br>Salsa/Sour Cream<br>Refried Beans<br>Pineapples                        | 4<br><b>Breakfast:</b><br>Waffles<br><br><b>Lunch:</b><br>Breaded Chicken Sandwich<br>Pretzels<br>Carrot Sticks/FF Dip<br>Applesauce                              | 5<br><b>Breakfast:</b><br>Chicken Biscuit<br><br><b>Lunch:</b><br>Salisbury Steak Roll and Butter<br>Mashed Potatoes<br>Green Beans<br>Mixed Fruit | 6<br><b>Breakfast:</b><br>Cinnamon Rolls<br><br><b>Lunch:</b><br>Cheese Pizza<br>Lettuce Salad/FF Dressing<br>Corn<br>Fresh Fruit         |
| 9<br><b>No School</b>  | 10<br><b>Breakfast:</b><br>Pancakes<br><br><b>Lunch:</b><br>Chicken on the Beach<br>Lettuce<br>Corn<br>Pears   | 11<br><b>Breakfast:</b><br>Biscuit and Gravy<br><br><b>Lunch:</b><br>Macaroni Wiggle<br>Green Beans<br>Coleslaw<br>Peaches  | 12<br><b>Breakfast:</b><br>Bubble Bread<br><br><b>Lunch:</b><br>Grilled Chicken on Bun<br>Pasta Salad with Veggies<br>Baked Beans<br>Grapes        | 13<br><b>Breakfast:</b><br>WG Donut<br><br><b>Lunch:</b><br>Hamburgers<br>Pickles<br>Corn Chips<br>Fresh Veggies/FF Dip<br>Apples         |
| 16<br><b>Breakfast:</b><br>Cereal Bars, Yogurt with Graham Crackers<br><br><b>Lunch:</b><br>Breaded Chicken Wrap<br>Lettuce-Tomato-Cheese<br>Corn<br>Applesauce          | 17<br><b>Breakfast:</b><br>French Toast<br><br><b>Lunch:</b><br>Sloppy Joes on Bun<br>Seasoned Fries<br>Mixed Fruit                                      | 18<br><b>Breakfast:</b><br>P.C. Griddles<br><br><b>Lunch:</b><br>Turkey and Cheese Sub<br>Lettuce-Tomato<br>Celery Sticks/FF Dip<br>Fruit Cup                     | 19<br><b>Breakfast:</b><br>Yogurt Parfait<br><br><b>Lunch:</b><br>Cowboy Cavatina<br>Green Beans<br>Salad/FF Dressing<br>Pears                     | 20<br><b>Breakfast:</b><br>Mini Bagels<br><br><b>Lunch:</b><br>Hot Dogs on Bun<br>Vegetarian Beans<br>Gold Fish<br>Birthday Cake<br>Fruit |
| 23<br><b>Breakfast:</b><br>Cereal or Yogurt with Graham Crackers<br><br><b>Lunch:</b> Cheeseburgers<br>Sun Chips<br>Pasta Salad<br>Pineapples                            | 24<br><b>Breakfast:</b><br>Egg and Cheese Biscuit<br><br><b>Lunch:</b><br>Taco/Shell<br>Lettuce-Tomato-Cheese<br>Salsa<br>MexiCorn<br>Peaches            | 25<br><b>Breakfast:</b><br>Tornado/Smoothie<br><br><b>Lunch:</b><br>Swedish Meatballs<br>Buttered Noodles<br>Mixed Veggies<br>Roll and Butter<br>Mandarin Oranges | 26<br><b>Breakfast:</b><br>Bacon Biscuit<br><br><b>Lunch:</b><br>Chicken Fajita on Shell<br>Garden Salad<br>Cheese<br>Green Peas<br>Fresh Fruit    | 27<br><b>No School</b>  |
| 30<br><b>Breakfast:</b><br>Granola Bars, Cereal, Yogurt or Graham Crackers<br><br><b>Lunch:</b><br>Chili<br>Corn Chips<br>Crackers/Cheese<br>Pickle Spears<br>Applesauce | 31<br><b>Breakfast:</b><br>Tombstones<br><br><b>Lunch:</b><br>Mummies<br>Decayed Fingers with Slime<br>Salted Bone Slivers<br>Goblin Goo<br>Witches Brew |   |  |   |

### Available every day:

- Grab & go breakfast
- Fresh Fruit
- Chef salads (grades 6-12)
- A la carte items (grades 6-12)

All breakfast served with 100% juice and fat-free assorted milk.

All lunches served with fat-free assorted milk.

Alternatives for Breakfast:  
Cold Cereal, Fruit, and Yogurt

Bread & condiments served as needed.

Extras will be available for grades 6-12. \$1.25 cash only! Charging of extras will NOT be allowed.

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