



Menus

Menus subject to change due to availability

November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast: Egg and Cheese Biscuit Lunch: Hot Dogs on Bun Corn Chips Salad/FF Dressing Pineapples	2 Breakfast: Cereal Bars/Cereal/Yogurt Lunch: Sweet Sour and Chicken Rice Mixed Vegetables Applesauce
5 Breakfast: Frudel Lunch: Tacos/Soft Shell Lettuce, Tomato, Cheese Corn Salsa Peaches	6 Breakfast: Bacon Biscuit Lunch: Chicken and Noodles Green Beans Coleslaw Mandarin Oranges	7 Breakfast: Bagels Lunch: Bosco Stick Marina Sauce Salad/FF Dressing Green Peas Mixed Fruit	8 Breakfast: Pancakes Lunch: Pork Chop on Bun Mashed Potatoes Baked Beans Pears	9 Breakfast: Biscuit and Gravy Lunch: Grilled Cheese Tomato Soup Goldfish Fresh Fruit
12 No School	13 Breakfast: Pizza Lunch: Ribb Patties on Bun Pasta Salad Vegetarian Beans Applesauce	14 Breakfast: Donuts Lunch: Ravioli Cheese Stick Green Peas Salad/FF Dressing Pineapples	15 Breakfast: Poptarts Lunch: Turkey and Gravy Rolls Whipped Potatoes Green Beans Cookies	16 No School
19 Breakfast: Cereal/ Cereal Bars/Yogurt Lunch: Vegetable Beef Soup String Cheese Crackers Peaches	20 Breakfast: Bacon, Egg, Cheese Wrap Lunch: Sloppy Joes on Bun French Fries Coleslaw Apple Slices/Cookie	21 No School	22 No School	23 No School
26 Breakfast: Sausage Biscuit Lunch: Chicken Fajita Shell Lettuce, Cheese Corn Pears	27 Breakfast: French Toast Lunch: Chicken Nuggets Potatoes Green Peas Grapes	28 Breakfast: Smoothie/Tornadoes Lunch: Cheesepups Beets Sun Chips Mixed Fruit	29 Breakfast: Honeybuns/Cereal Lunch: Pizza Salad/FF Dressing Green Beans Applesauce	30 Breakfast: Chicken Biscuit Lunch: Chicken and Rice Bread Cooked Carrots Peaches

Available every day:

- Grab & go breakfast
- Fresh Fruit
- Chef salads (grades 6-12)
- A la carte items (grades 6-12)

All breakfast served with 100% juice and fat-free assorted milk.

All lunches served with fat-free assorted milk.

Alternatives for Breakfast:
Cold Cereal, Fruit, and Yogurt

Bread & condiments served as needed.

Extras will be available for grades 6-12. \$1.00 cash only! Charging of extras will NOT be allowed.

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